



THE SANCTUARY

The Sanctuary Restaurant

Menu

Cape Town
8 Rheede Street

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Lunch & Dinner

STARTERS

ZOLANI'S SOUP OF THE DAY | R65

Soup of the day served with homemade bread.

MAU'S CHICKEN LIVER PÂTÉ | R90

Pickled baby onions, micro herbs, raspberry gel and a fresh baguette.

MAX'S CAPRESE SALAD | R120

Fresh medley of cherry tomatoes, basil and fior di latte with a balsamic marinade, extra virgin olive oil and ciabatta.

PAULA'S BAKED CAMEMBERT | R125

Served with fig preserve, candied walnuts, toasted granola, ciabatta and garlic butter.

SALADS

ROASTED BEETROOT AND BUTTERNUT SALAD | R90

Mixed leaves, rocket, roasted butternut, lentils, cucumber, beetroot, orange, goat's cheese and a balsamic & truffle dressing.

ROASTED VEGETABLE SALAD | R90

Mixed leaves, Danish feta, couscous, pumpkin seeds, roasted vegetables and a garlic & lemon dressing.

HOUSE SALAD | R95

Mixed leaves, lettuce, carrot, red cabbage, boiled egg, cucumber, cherry tomatoes, feta, avocado, croutons and a smoked paprika & balsamic dressing.

CHICKEN SALAD | R120

Grilled chicken breast, lettuce, carrots, red cabbage, cucumber, peppers, cherry tomatoes, Danish feta, red onion, croutons and a honey & wholegrain mustard dressing.

MAINS

DC'S HAKE AND CHIPS | R145

Deep or pan fried hake fillet with a tartare sauce, mushy peas, garden salad and rustic fries.

LISA'S VEGAN BOWL | R145

Panko tofu, cucumber, cherry tomatoes, red cabbage, roasted butternut, carrot, leaves, quinoa, pumpkin seeds with coriander mayo, smoky teriyaki sauce & red chilli oil.

LOLLAN'S MAC AND CHEESE WITH A TWIST | R175

Panko crusted cheesy macaroni with Parma ham and caramelised onion. Served with fries or salad.

JULES' CHICKEN PIE | R185

Crispy, golden homemade pastry, filled with roasted chicken, thyme, mushrooms, garlic and onion. Served with rustic fries or salad.

ESME'S BEEF COTTAGE PIE | R185

Beef ragu, creamed potato and parmesan. Served with a side salad.

HUCKLEBERRY'S PAN FRIED LINEFISH | R245

Lightly seasoned kingklip with creamed potato, fine green beans, confit tomatoes, gremolata and shaved beetroot.

MICHEL'S CREAMY PEPPERCORN STEAK | R345

300g Beef fillet grilled to your preference. Served with a green peppercorn & roasted garlic sauce, a drizzle of brandy, cauliflower puree, fine green beans and rustic fries or salad.

ROBERG'S SEAFOOD PLATTER | R800 FOR 2

Prawns, crayfish, grilled calamari and half shell mussels served with basmati rice and rustic fries or salad.

BURGERS

ROB'S VEGGIE GOODNESS | R165

Mushroom and barley patty, grilled pineapple, lettuce, tomato, cucumber, goat cheese and mayo. Served with rustic fries or salad.

BAILEY BURGER | R165

Beef patty or chicken fillet, lettuce, tomato, cucumber, caramelised onion, tomato jam and Emmental cheese.

RAY'S PREGO STEAK ROLL | R205

200g Sirloin and creamy Prego sauce on a fresh Portuguese roll. Served with rustic fries or salad.

THE BIG DON | R190

2x 180g beef patties, bacon, egg, tomato, cucumber, Emmental cheese and hollandaise sauce. Served with rustic fries or salad.

PIZZA

MARGHERITA | R120

Tomatoes, fior di latte, basil leaves, basil pesto, mozzarella.

BBQ PULLED PORK | R160

Pork shoulder, smokey BBQ sauce, mozzarella, coriander pesto & sprouts.

ROASTED VEG AND RICOTTA | R160

Roasted veg, mozzarella, ricotta, truffle oil.

BACON, AVO & FETA | R165

Bacon, avocado, Danish feta, mozzarella, wild rocket.

ROASTED BEETROOT, BUTTERNUT AND GOATS CHEESE | R165

Goat's cheese, butternut, baby spinach, dried cranberries, rocket, beetroot and toasted pumpkin & sunflower seeds with a balsamic reduction.

CHICKEN PREGO | R175

Chicken breast, Prego sauce, red onion, coriander, cherry tomatoes.

FIG, PARMA HAM & AVO | R190

Parma ham, preserved figs, avocado, mozzarella and rocket with a balsamic reduction.

PARMA HAM, ROCKET & CAMEMBERT | R190

Parma ham, rocket pesto, camembert, garlic, mozzarella.

GREEK STYLE LAMB | R200

Slow roasted lamb, smokey BBQ sauce and mozzarella with a rosemary and roasted garlic pesto.

PASTA

LA GUSTA LINGUINE | Half: R95, Full: R160

Shaved truffle, truffle oil, mixed forest and king oyster mushrooms, mushroom purée, fresh cream and parmesan.

GRILLED CHICKEN & AVO | Half: R95, Full: R165

Lemony chicken breast, avocado, cherry tomatoes, parsley, onion, garlic & sour cream.

MAMMA MIA LINGUINE | Half: R95, Full R165

Chicken breast, pomodoro sauce, garlic, chilli, fresh cream, coriander and a hint of curry spices.

CHILLI PRAWN LINGUINE | Half: R115, Full: R210

Prawns, red chilli, fennel, parsley, pomodoro sauce, lemon zest, with a creamy white wine sauce and parmesan.

DESSERTS

SHIRL'S APPLE PIE | R70

Cinnamon pastry filled with warm roasted apples, apple puree and a cinnamon and honey syrup, served with a decadent Amarula ice-cream.

BUKELA'S HOME-MADE AMARULA ICE-CREAM | R70

Africa's favourite cream liqueur! Amarula ice-cream topped with toffee crumble and a vanilla tuile.

LAUREN'S MILK TART & NUTELLA CREPES | R75

Traditional crepes with orange syrup, nutella custard and milk tart custard. Served with Amarula or vanilla ice-cream.

KEV'S BAKED CHEESECAKE | R75

SA family favourite served with Amarula or vanilla ice-cream..

CHANTELLIE'S MALVA PUDDING | R75

Served with sticky toffee sauce and vanilla or Amarula ice-cream.

CAITI'S CHOCOLATE FONDANT | R85

Dark chocolate fondant, chocolate soil, raspberry coulis with a vanilla anglaise. Served with vanilla ice-cream, tuile and a dark chocolate and peanut butter sauce.

Refreshing Beverages

CLASSIC SOFT DRINKS

Fitch & Leedes Bitter Lemon, Ginger Ale, Lemonade, Soda Water, Tonic: Blue, Pink, Original, Sugar Free	R35
Juices Orange, Apple, Mango, Cranberry, Fruit Cocktail, Pineapple	R35
Crème Soda	R40
Coca-Cola Original, Zero, Light	R40
Fanta Orange	R40
Sprite Original, Zero	R40
BOS Iced Tea Lemon or Peach	R50
Grapetiser	R60
Appletiser	R60
Red Bull Original, Sugar Free, Watermelon	R60

MILKSHAKES

Caramel	R52
Chocolate	R52
Strawberry	R52
Vanilla	R52

CORDIALS

Roses Kola Tonic	R8
Roses Lime	R8
Roses Passion Fruit / Granadilla	R8

WATER

Still Water (500ml)	R35
Sparkling Water (500ml)	R35
Still Water (750ml)	R50
Sparkling Water (750ml)	R50

HOT BEVERAGES

Espresso (Single/Double)	R25/R30
Speciality Teas	R30
Americano	R35
Decaf Coffee	R35
Flat White	R35
Caffè Latte	R35
Cappuccino	R35
Red or Chai Cappuccino	R45
Red or Chai Café Late	R45
Dirty Chai	R45
Dark or White Hot Chocolate	R45
Liqueur Coffee	R70
